
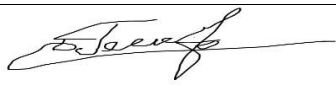


# Canadian Sport Institute and BC Rhythmic Sportive Gymnastics Federation Athletes and Coach Nomination Criteria

Criteria Approved **Dec 5, 2016**

CSI Pacific Representative	
	Signature
BCRSGF Representative	
	Signature



**CANADIAN SPORT INSTITUTE / PACIFICSPOORT / BC RHYTHMIC SPORTIVE GYMNASTICS FEDERATION ATHLETE AND COACH NOMINATION**

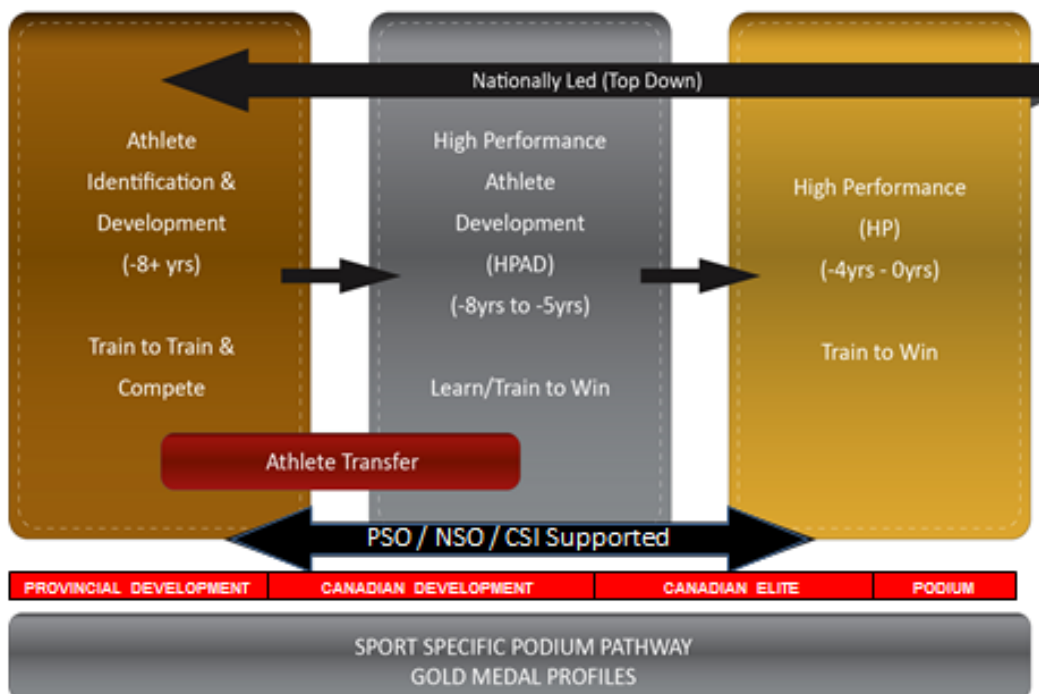
**PURPOSE**

The Canadian Sport Institute, through a partnership with the Province of BC and viaSport, the network of PacificSport Centres, and BC Rhythmic Sportive Gymnastics Federation collaborates to deliver programs and services to place BC Athletes<sup>1</sup> on National Teams, and ensure athletes and coaches have every advantage to win medals for Canada. The partners work jointly to encourage sport excellence and increase podium performances in communities throughout British Columbia.

Canadian Sport Institute / PacificSport athlete and coach support for the Canadian Development and Provincial Development nomination focuses on athletes and teams 5-12 years from the Podium, identified by the sport specific Podium Pathway (see Figure 1 below) and Gold Medal Profile. These athletes and teams represent both the next generation (5-8 years from Podium) and future generations (9-12 years from Podium) of Olympic and Paralympic (or World Championship) medalists. Support may be focussed more toward the future generation (9-12 years from Podium) for some targeted Paralympic sports depending on the quality of the next generation (5-8 years from Podium) of athletes and teams.

**Figure 1**

**PODIUM PATHWAY CONCEPT OVERVIEW**



<sup>1</sup> In general a BC athlete is defined as an athlete born, developed, and/or trained/centralized (for a minimum of three months) in British Columbia.

## DETAILS

Through the above partnership, and with the above purpose in mind, BC Rhythmic Sportive Gymnastics Federation may nominate athletes and their coaches who meet specific criteria for Canadian Sport Institute / PacificSport athlete or coach registration. Upon registering, athletes and coaches can engage in enhanced programs, benefits, and selected support services through the Canadian Sport Institute and the network of PacificSport regional centers in BC

Canadian Sport Institute and PacificSport athlete support is divided into [four levels](#) based on performance, each with a slate of designated benefits. Please click on the following for an outline of Canadian Sport Institute [Athlete](#) and [Coach](#) eligibility, programs, and benefits. Please see Appendix 1 for an outline of BC Rhythmic Sportive Gymnastics Federation targeted athlete benefits, programs, and services as delivered through BC Rhythmic Sportive Gymnastics Federation.

Targeted athletes are nominated by BC Rhythmic Sportive Gymnastics Federation based on the athlete criteria below. Any enquiries regarding the sport-specific selection criteria can be made to BC Rhythmic Sportive Gymnastics Federation Sashka Gitcheva, [bcrsgf@rhythmicsbc.com](mailto:bcrsgf@rhythmicsbc.com). As a general principle, all athletes are expected to demonstrate evidence of their ongoing performance progression and tracking toward BC Rhythmic Sportive Gymnastics Federation HP program benchmarks to remain targeted. BC Rhythmic Sportive Gymnastics Federation PSO/DSO Technical Representative and the Canadian Sport Institute technical lead working with BC Rhythmic Sportive Gymnastics Federation have the final authority over the Canadian Sport Institute nomination process.

The athlete and coach nomination cycle for Canadian Sport Institute / PacificSport / BC Rhythmic Sportive Gymnastics Federation targeting runs January 31st annually, and athletes are selected based on performances from the previous 12 months. Athletes who meet criteria throughout the annual nomination cycle may be added to the BC Rhythmic Sportive Gymnastics Federation targeted athlete list, on a case by case basis, by contacting the PSO/DSO Technical Representative.

## CORE CRITERIA

- 1) For PSO/DSO nominations, athletes must be registered and in good standing with BC Rhythmic Sportive Gymnastics Federation as a competitive athlete and meet the definition of a BC athlete.
- 2) In principle, all athletes nominated should have a designated coach who is responsible for planned programming with the coach(es)'s name and email identified on the targeted athlete list.
- 3) Agree to participate in Provincial Team Training program including all training camps and competitions for which the athlete is selected. (See Appendix 1)
- 4) Coaches discretion may be applied in the case of injured athletes who have previously been nominated and registered as a targeted athlete in the previous year and who were unable to compete for all or part of the competitive season due to injury or other extenuating event.

## ATHLETE/COACH REGISTRATION

Once the athlete or coach is nominated, he or she will be notified by BC Rhythmic Sportive Gymnastics Federation and will be provided with information on how to register with his or her local Canadian Sport Institute or PacificSport Regional Centre. A Canadian Sport Institute or PacificSport Athlete Coach Services representative may contact the nominated coach to encourage athlete registration. Athletes and coaches must register with their local center to initiate the process of receiving athlete or coach support.

## NOMINATION CRITERIA

Please note the Canadian Sport Institute generic and the BC Rhythmic Sportive Gymnastics Federation sport-specific criteria:

### Canadian Development (Equivalent to former level 1, 1a)

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*Canadian Sport Institute Core Criteria:*

- Athletes who compete on the senior national team in eligible events and who do not receive Sport Canada Athlete Assistance program funding, **OR**;
- Athletes who are in the HP Athlete Development (L2W/T2W) stage of the Podium Pathway – as identified by the NSO (including Gold Medal Profile). If the NSO does not have an approved Podium Pathway, the following criteria will be used:
  - Athletes who have been targeted as 'Hot prospects' defined as the expectation to be selected to the senior national team in eligible events within 24 months which is verified by the NSO.

*BCRSGF Sport Specific Criteria:*

- GCG Group athlete not receiving Canada Athlete Assistance program funding OR;  
Any athlete invited to the GCG athletes selection activity OR; identified as "in training" and receive a written invitation from GCG within ten working days of the completion of the selection activity.  
OR;
- Athletes that ranked in the top 10 at the Canadian National Championship in Senior High Performance Category  
OR;
- JR National Team Members who will most likely be selected to the GCG athlete Group within 24 months. (Verified by the NSO)

### Provincial Development – Level 1 (Equivalent to former level 2)

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*Canadian Sport Institute Core Criteria:*

- Athletes who are in the Athlete Identification & Development stage of the Podium Pathway, as identified by the NSO, and who are tracking towards the HP Athlete Development stage according to the NSO specific Podium Pathway and Gold Medal profile. If the NSO does not have an approved Podium Pathway, the athlete must be tracking towards Canadian Development and meet one of the two criteria below:
  - Have competed at the U23 or Junior World Championships in an eligible event (or equivalent International Developmental Event) in the past 24 months, **OR**;
  - Have won a medal in an eligible event at their Sport Specific National Elite/Open, U23, or U19 Championships (or equivalent level of performance standard) in the previous 24 months.

\*Note: Athletes who are eligible for Provincial Development are normally supported for a maximum duration of 5 years (combined Provincial Development Level 1 and Level 2).

*BCRSGF Sport Specific Criteria:*

- Senior Athletes that ranked 10-15 at the Canadian National Championship in Senior High Performance Category  
OR;
- Melded at the Canadian National Championship in the Junior High Performance Category.  
OR;
- Athletes named to the JR National Team

\* The top 10 athletes at Canadian National Championship in the Junior High Performance Category qualify for the JR National Team.

## Provincial Development – Level 2 (Equivalent to former level 3)

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*Canadian Sport Institute / PacificSport Core Criteria:*

- Athletes who are tracking towards Provincial Development (Level 1) status (according to the NSO specific Podium Pathway and Gold Medal profile). If the NSO does not have an approved Podium Pathway, the athlete must meet one of the two criteria below:
  - Competed in an eligible event at the appropriate age group national championships (or equivalent level of performance standard) and/or place within the top 20% at the appropriate age group provincial championships in the previous 12 months, **OR**;
  - Competed for Team BC in Canada Summer Games or Canada Winter Games in the previous 12 months.<sup>2</sup>

*BCRSGF Sport Specific Criteria:*

- Senior athletes who placed in the top 10 at Western Nationals and qualified to compete at Senior Nationals  
**OR**
- Junior athletes who placed in the top 10 at Western Nationals and qualified to compete at Senior Nationals  
**OR**
- SR or JR athletes that ranked HP top 15 at Elite Canada Championships.

## Coach Nomination

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*Canadian Sport Institute / PacificSport Core Criteria:*

Coaches are nominated by having his or her name included in the Targeted Athlete List for an athlete who achieves designated criteria. The PSO/DSO may nominate up to two coaches per athlete in cases where a personal coach may have significant impact on the athlete's training program. While not required, it is highly recommended that PSO/DSO nominated coaches meet one of the following criteria:

- Be the lead person designing and implementing an annual training program for the athlete, **OR**;
- Be designated as Provincial or Regional coach by the PSO/DSO, **OR**;
- Be designated as a National Development / Senior coach by NSO, **OR**;
- Be designated as athlete's coach of record based on sport specific criteria below.

*BCRSGF Sport Specific Criteria: (Optional)*

- Coaches must be Level 3 certified and have criminal record checked submitted to BCRSGF

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<sup>2</sup> Recommended that PSOs/DSOs include "Long listed athletes for upcoming competition at Canada Games" in their Sport Specific Criteria.

## **APPENDIX 1**

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### APPENDIX 1

#### BCRSGF Targeted Athlete/Coach Benefits, Programs, and Services

##### Canadian Development

Eligible athletes will be invited to:

- Team BC JR and SR summer camps,
- Enhanced program camp (Ballet).
- Fall and Spring Team BC SR and JR training camp

Access to nutrition, doping education, mental training and other performance enhancement workshops and sessions as per yearly training program

Athletes Assistance Program

Travel Assistance Funding - Level 1

##### Provincial Development – Level 1

Eligible athletes will be invited to:

- Team BC JR and SR summer camps,
- Enhanced program camp (Ballet)
- Fall and Spring Team BC SR and JR training camp

Access to nutrition, doping education, mental training and other performance enhancement workshops and sessions as per yearly training program

Travel Assistance Funding - Level 2

##### Provincial Development – Level 2

Eligible athletes will be invited to:

- Enhanced program camp (Ballet)
- Fall and Spring Team BC SR and JR training camp

Access to nutrition, doping education, mental training and other performance enhancement workshops and sessions as per yearly training program

Travel Assistance Funding



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SPORT**