


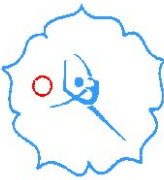
2015 CANADIAN GYMNASTICS CHAMPIONSHIPS

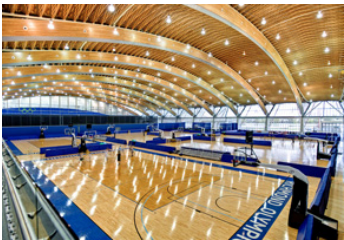
RHYTHMIC GYMNASTICS

DIRECTIVE



**RICHMOND OLYMPIC OVAL
RICHMOND, BRITISH-COLUMBIA
MAY 21-24, 2015**

<p>GCG</p>	<div style="display: flex; align-items: flex-start;">  <div> <p>Gymnastics Canada Gymnastique 1900 Promenade City Park Dr. Suite 120 Ottawa, ON K1J 1A3 Tel : (613) 748-5637 Fax: (613) 748-5691 e-mail : info@gymcan.org website: www.gymcan.org</p> </div> </div> <p>Peter Nicol – President and CEO pnicol@gymcan.org (613) 748-5637 ext. 222</p> <p>Cathy Haines – Chief Technical Officer chains@gymcan.org (613) 748-5637 ext. 237</p> <p>Teresa Orr – RG National Team Director Teresaorr@hotmail.ca (289) 221-4332</p> <p>Mariève Millaire – Director of Events mmillaire@gymcan.org (613) 748-5637 ext. 231</p>
<p>ORGANIZING COMMITTEE</p>	<p>We would like to thank the BCRSGF and its volunteers for the organization of this event!</p> <div style="display: flex; align-items: flex-start;">  <div> <p>BCRSGF 268-828 West 8th Avenue Vancouver, BC, V5Z 1E2 604-333-3485 bcrsgf@rhythmicshc.com</p> </div> </div> <p>Meet Director: Sashka Gitcheva Assistant Meet Director (Scoring and Music): Adrianna Donaldson Assistant Meet Director (Protocol): Joel Bernard Head Scorer: Mario Lam</p>

DATE	<p>May 21-24, 2015*</p> <p>NOTE: 1 less day then original dates announced.</p>
GENERAL INFORMATION ABOUT THE CITY OF RICHMOND	<p>INTERESTING FACTS ABOUT RICHMOND</p> <p>City of Richmond is Located just 15 minutes from downtown Vancouver</p> <p>Richmond abounds with experiences. See heritage shipyards and working farms. Taste the best Chinese food outside China, or fresh West Coast seafood. Shop at international malls and quaint boutiques.</p> <p>Visit the Gulf of Georgia Cannery, the National Historic Site that drove Steveston’s 19th-century salmon-canning boom. Or sip blueberry wine at a Richmond winery before devouring sushi or Thai curry in the Golden Village.</p> <p>Shop for Hong Kong fashions and herbal teas at three big, Asian-themed malls. Or score brand-name Western merchandise at Lansdowne Centre and Richmond Centre.</p> <p>And choose an airport-area Richmond hotel for your stay, whether it’s four-star luxury or an affordable, comfy layover. Spoiling you is our pleasure.</p> <p>Experience Metro Vancouver’s most diverse shopping. Get Asian goods at Parker Place, Yaohan Centre, and Aberdeen Centre. Buy hot electronics and fashions in City Centre’s big malls. Or visit Steveston’s unique, quaint boutiques.</p>
COMPETITION VENUE	<p>Richmond Olympic Oval 6111 River Road Richmond, BC V7C 0A2</p> <p>http://richmondoval.ca/venue/facility/overview.htm</p> <p>The competition will be at the Westside courts. Next to the climbing wall.</p> <p>Underground parking free first 15 minutes. Each hour is a \$1 to maximum \$10 per day</p> 
APPARATUS SUPPLIED	<p>The official supplier for the event is Gymnova Canada.</p> <p>Rhythmic Gymnastics 1 Competition Carpet 2 Warm-up Carpets</p> <p>Apparatus Placement will be according to the 2015 FIG rules for Junior & Senior. Apparatus Placement for Novice: a coach or athlete may place one spare apparatus in the middle of one (1) of the three (3) lines.</p> <p>*Note: clubs are NOT authorized to bring their personal equipment.</p>

INVITED MEMBERS	<p>From <u>2015 Elite Canada AA Results: (Competition A + Competition B)</u> Top 15 Seniors – High Performance Top 15 Juniors – High Performance</p> <p>From <u>Eastern or Western Regional Championships AA Results: (Competition A)</u> Top 10 Individual Novice + 2 per province Top 10 Individual Junior + 2 per province Top 10 Individual Senior + 2 per province</p> <p>Groups of 5: Open Competition for Novice, Junior & Senior groups of 5.</p>
EVENT FORMAT/PURPOSE	<p><u>Individual Competition</u></p> <p>Novice Event:</p> <ul style="list-style-type: none"> - Competition A: All Around <p>Junior & Senior Events:</p> <ul style="list-style-type: none"> - Competition A: Individual Qualifying - Competition B: Top 15 from Competition A - Individual AA & Finals <p>Categories:</p> <ul style="list-style-type: none"> - Novice National - Junior High Performance - Junior National - Senior High Performance - Senior National <p>Purpose:</p> <ol style="list-style-type: none"> 1. To declare 2015 Canadian Novice Junior and Senior Champions. 2. To complete the selection process of the Jr. & Sr. Individual National Teams 3. To identify and assign gymnasts to strategic International Competitions <p><u>Group Competition</u></p> <p>Events:</p> <p>Group All Around for Novice Groups of 5 Group All Around & Finals for Junior & Senior Groups of 5.</p> <p>Purpose:</p> <ol style="list-style-type: none"> 1. To declare Canadian Group Champions. 2. To determine the ranking of rhythmic gymnastics groups across Canada 3. To identify and assign groups to strategic International Competitions. 4. To provide a control training opportunity for the GCG Senior group.
ELIGIBILITY	<p>* All athletes, coaches, judges, team managers must be registered members of the GCG year in force.</p> <p>* All participating Associations and their members commit themselves to respect the GCG/RG Program Technical Rules and Regulations especially the ones concerning the age and nationality of the gymnasts.</p> <p>* Provincial/Territorial Rhythmic Gymnastics Sport Governing Bodies, which do not respect the above two requirements, will miss the opportunity to qualify for the Canadian Championships and the National Team.</p>

Coaches

According to the RG Technical Regulations, all coaches on the floor must be certified level 3 NCCP if coaching a National Level athlete or group. A coach without the proper certification must request an exemption from the RG National Team Director (complete form in Appendix).

The request must be sent directly to the GCG office c/o Mariève Millaire no later than **April 30th, 2015**. The completed form must be joined by a cheque of \$25 to cover administrative cost must be received at the GCG office by the deadline.

REGISTRATION & DEADLINES

Registration and Form submission Deadlines

To:

Registration Deadline	April 30 th , 2015	GCG
100% Payment of Registration	April 30 th , 2015	GCG
100% Payment of GCG Athlete Fee Deadline	April 30 th , 2015	GCG
P/TO Statutory Declaration Deadline (for waivers, medical forms and image release forms)	May 6 th , 2015	GCG
Late Individual Registration Deadline with Penalty and no refund	May 6 th , 2015	GCG
Refund Deadline- Registration	May 6 th , 2015	GCG
Music Submission	May 6 th , 2015	BCRSGF
Script Submission	May 6 th , 2015	BCRSGF
Itinerary Form	May 6 th , 2015	BCRSGF

Registration Fee

Send to:

Registration Fee	\$140 per person	GCG
Late Provincial Entry Penalty	\$500 fixed fee plus \$150 per additional days that a registration is late/incomplete	GCG
Late Individual Entry Penalty	\$50 per person	GCG
GCG Athlete Fee	\$25 per athlete	GCG

Completed Registration Checklist

- ✓ **#1-** The Excel Registration Spreadsheet is submitted electronically to GCG at mmillaire@gymcan.org by the set deadline. See attached document for Registration Spreadsheet.
- ✓ **#2-** 100% payment of the Registration, along with a hard copy of the **FINANCIAL INFO** tab of the Excel Registration is **RECEIVED** at the GCG office by the set deadline.

Cheque made payable to: **Gymnastics Canada Gymnastics**

Package to be mailed to:
Gymnastics Canada
Attn: Mariève Millaire
1900 City Park Drive, suite 120
Ottawa, ON, K1J 1A3

- ✓ **#3-** Each P/TO must submit their Statutory Declaration (for waivers and medical forms) by the set deadline to the GCG Office. ATTN: Mariève Millaire

- ✓ **#4-** 100% payment of the GCG Athlete Fee is RECEIVED at the **GCG office** by the deadline. The fee is payable by PROVINCE, by cheque to: Gymnastics Canada Gymnastique

Definition of Late Provincial Entry Penalty

A Provincial/Territorial Federation/Association will be charged the Late Provincial Entry Penalty if the above mentioned checklist items #1, 2, 3 and/or 4 is not fulfilled by the set deadline.

Definition of Late Individual Entry Penalty

A Provincial/Territorial Federation/Association will be charged the Late Individual Entry Penalty if a delegate is registered between the set registration deadline and the late registration deadline.

Note - No entries will be accepted after the late registration deadline unless written approval is given by GCG's RG Program Director.

There is no Late Individual Entry Penalty for substitutions.

Refund Policy

Written request for refund can be made to the attention of [Mariève Millaire](#) until May 1st. After this date, there will be **NO reimbursement of the registration fees without exception (injuries included).**

SCHEDULE	<p><u>Provisional Schedule</u></p> <p>View draft schedule attached.</p>
EVENT TRANSPORTATION	<p>Delegations are responsible for their own transportation.</p> <p>The host hotel offers an airport shuttle to and from the airport that runs every 30 minutes.</p> <p>Transportation will be arranged between the venue and the Hilton hotel for the judges by the organizing committee.</p>
HOST HOTEL	<p>Hilton Vancouver Airport 5911 Minoru Blvd. Richmond, BC, V6X 4C7 1 km from the venue Tel: 604-273-6336 Fax: 613-232-5011</p> <p>Preferred rate: \$139 + tax per night 2 double beds or King Junior Suite</p>

	<p>Amenities: 40% off Full Buffet Breakfast Complimentary shuttle service to and from the airport every 30 minutes Complimentary WiFi in all guest rooms</p> <p>PLEASE NOTE THAT ALL JUDGES MUST STAY AT THE HOST HOTEL TO RECEIVE TRANSPORTATION TO THE VENUE.</p> <p>To make reservations: Reservation Department: 1-800-445-8667 or 604-233-3990 <u>Code: 2015 Canadian National Championships</u> Release date: May 8th, 2015</p>
MEALS	<p>Delegations are responsible for their own meals.</p> <p>The organizing committee will serve meals to judges only during competition.</p> <p>Snacks and drinks will be available to the coaches during competition.</p>
ACCREDITATION	<p>The GCG accreditation protocol will apply. The system consists of colour coded categories and access zones are being developed. GCG reserves the right to take away any accreditation if the rules are not followed.</p> <p>Accreditation for provinces will be distributed to Chefs. The accreditation must be worn to access the venue, the competitive and training areas and the hosting areas.</p>
MEDICAL	<p>Doping control may be conducted for Senior athletes. For information on doping control procedures and banned substances, please go to www.cces.ca.</p>
PROTOCOL & AWARDS	<p><u>Individuals:</u> Top 8 All-Around all categories Top 8 Apparatus all categories Perpetual trophies will be presented to the Individual Event Champion. 2014 Champions are asked to bring the perpetual trophies to the 2015 Canadians.</p> <p><u>Groups:</u> Novice Groups – AA (one routine performed twice) Top 8 All-Around Junior & Senior (two routines performed once) Top 8 Apparatus Junior & Senior (two routines performed once)</p> <p><u>Athlete Dress Code for Award Ceremonies:</u> Competitive Leotard, toe slippers.</p> <p><u>Special Awards:</u> Junior Athlete of the Year Senior Athlete of the Year Miss Elegance Jr. International Medalists – Coaches Sr. International Medalists – Coaches International Coach of the Year RG Coach of the Year Provincial Team Champions</p>

<p>Music</p>	<p>We will be playing all music from a computer set list and only use CD as backup. Music must be submitted by the Music deadline date (May 6th), to allow it to be checked and loaded into the Score2u system.</p> <p>Please follow the instructions below:</p> <ol style="list-style-type: none"> 1. Create a folder with all of the music submissions for your province using the two letter province code and the clubs' name as the folder name. Example AB-Chinook 2. All music files must be named as follows (If music submission does not conform to the stated naming convention, it will be rejected.): Music file name consist of 3 parts with the first 2 being mandatory to match to rotation order (Note: upper/lower case are both fine and hyphens are optional only for readability): <ol style="list-style-type: none"> a. first name followed by last name of gymnast as registered. The system does not translate from Elizabeth to Beth or Elizabeth with an S. (Groups names must be self-explanatory). b. apparatus (i.e. free, rope, hope, ball, clubs, ribbon) c. (Optional) - level, province, title and name of song. <p>Eg. "Jane Doe - Hoop - Novice AB – Be My Girl.mp3" or "Jane Doe - Hoop your own text.mp3" are both acceptable.</p> <p>Note: Only mp3 and wma files are supported as other files may not be playable on all platforms of Windows and wav files are too large to work with when there are so many competitors.</p> <ol style="list-style-type: none"> 3. The music files should be sent via any of the major file share services (e.g. dropbox, google drive, skydrive) 4. Please email score2u@nucurve.com after your music has been submitted. 5. Please contact Mario at mariolam@nucurve.com if you have problems submitting the music.
<p>SCRIPTS</p>	<p>A Hard Copy of all Scripts MUST be RECEIVED at the BCRSGF offices by Wednesday May 6th, 2015</p> <p><u>Late Scripts:</u></p> <ul style="list-style-type: none"> - All late scripts will be charged a \$100 penalty fee per gymnast. - Changed scripts: Scripts changed prior to the Technical/Judges meeting will be charged \$100. - Scripts cannot be changed after the Technical/Judges Meeting. <p>Coaches will be allowed to change a script after the completion of Competition A and prior to Competition B without cost. The National Team Director must be informed in writing following Competition A.</p>

WEBCAST	<p>The 2015 Canadian Rhythmic Gymnastics Championships will be webcasted by ViaSport.</p> <p>An image release form is required by ViaSport. Each province is required to collect these along with the Medical Form and Risk Waiver for each athlete and attest they have been collected in the Statutory Declaration.</p>
APPENDICES	<p>Appendix 1: Draft Schedule Appendix 2: Itinerary Form Appendix 3: Coaches Exemption Form Appendix 4: Statutory Declaration Appendix 5: Image Release Form</p>

APPENDIX 1: DRAFT SCHEDULE

Version: February 7th, 2015

THURSDAY MAY 21

09:00 – 16:00 Warm Up & Podium Training
Official Judges Podium Observation 2:00 – 4:00
17:00 – 19:00 CC 2015 Judges Course/Meeting
19:00 – 19:30 CC 2015 Event Technical Meeting
19:30 – 21:00 Reception

FRIDAY MAY 22

07:30 Gym Opens
08:00 – 09:00 Judges Meeting
09:00 – 09:12 *Timed Warm Ups-Novice (3 min. each gr of 7)*
09:15 – 09:20 Official Welcome
09:20 – 11:30 **National Novice Competition – Free & Rope**
11:30 – 12:30 *Lunch Break*
12:30– 12:50 *Timed Warm Ups -Group (3 min. each) National Junior (3 min. each gr of 6)*
12:50 – 13:05 **Group Competition A – Novice Ball , Junior Ribbons, Senior Ribbons**
13:05 – 15:05 **National Junior Competition A – Rope & Hoop**
15:05 – 15:20 *Break – Timed Warm Ups-HP Junior (3 min. gr of 5)*
15:20 – 16:30 **High Performance Junior Competition A – Rope & Hoop**
16:30 – 17:30 *Dinner Break*
17:15 – 17:30 *Timed Warm Ups – National Senior(3 min. gr of 5)*
17:30 – 19:30 **National Senior Competition A – Hoop & Ball**
19:30 – 19:45 *Break – Timed Warm Ups – HP Senior (3 min. gr of 5)*
19:45 – 21:00 **High Performance Senior Competition A – Hoop & Ball**

SATURDAY MAY 23

07:30 Gym Opens
08:00 – 09:00 Judges Meeting
09:00 – 09:12 *Timed Warm Ups-Novice (3 min. each gr of 7)*
09:15 – 11:1 **National Novice Competition – Hoop & Ball**
11:15 – 11:30 **National Novice AA & Apparatus Awards Presentation**
11:30 – 12:30 *Lunch Break*
12:30 – 12:50 *Timed Warm Ups -Group (3 min.) National Junior (3 min.gr of 6)*
12:50 – 13:05 **Group Competition A – Novice Ball, Junior Ball, Senior Clubs & Hoops**
13:05 – 15:05 **National Junior Competition A – Ball & Clubs**
15:05 – 15:20 *Break – Timed Warm Ups-HP Junior (3 min. gr of 5)*
15:20 – 16:30 **High Performance Junior Competition A – Ball & Clubs**
16:30 – 16:45 **Awards - National Novice Group, National & High Performance Junior Qualification**
16:45 – 17:45 *Dinner Break*
17:30 – 17:45 *Timed Warm Ups – National Senior(3 min. gr of 5)*
17:45 – 19:45 **National Senior Competition A – Clubs & Ribbon**
19:45 – 20:00 *Break – Timed Warm Ups – HP Senior (3 min. gr of 5)*
20:00 – 21:00 **High Performance Senior Competition A – Clubs & Ribbon**
21:00 – 21:10 **Awards - National & High Performance Senior Qualification**

SUNDAY MAY 24

07:30	Gym Opens
08:00 – 8:45	Judges Meeting
08:40 – 8:58	<i>Timed Warm Ups - Junior (6 min. per gr of 5)</i>
09:00 – 11:15	Junior Individual Competition B - 4 apparatus
11:15 – 12:00	<i>Lunch Break</i>
11:30 – 11:55	<i>Timed Warm Ups – Group 3 min. & Senior (6 min. per gr of 5)</i>
12:00 – 12:10	Group Competition B – Junior Ribbon & Senior Ribbon
12:10 – 14:25	Senior Individual Competition B – 4 apparatus
14:25 – 14:40	<i>Break</i>
14:25 – 14:35	<i>Timed Warm Ups – Group 3 min. each</i>
14:35 – 14:45	Group Competition B – Junior Ball & Senior Clubs & Hoops
15:00 – 15:45	Awards - National Junior & National Senior Group
	Junior Final Awards & Junior AA Awards
	Senior Final Awards & Senior AA Awards
	Special Awards:
	Miss Elegance
	International Athlete & Coach Recognition
	Junior Athlete of the Year
	Senior Athlete of the Year
	International Coach of the Year
	RG Coach of the Year
	Provincial Team Award
	Aeon Cup – Club Announcement

APPENDIX 2: ITINERARY FORM

This is essential information in order to plan the practice times efficiently. Please take the time to carefully fill it out, and advise the Meet Director immediately of any changes or adjustments. Also, please indicate if there will be judges traveling with your group.

PROVINCE :	CLUB :
CONTACT NAME :	PHONE # :
FAX # :	EMAIL :

ARRIVAL INFORMATION:

Arrival Date	Airline/Train/Car	Flight #	Arrival Time

DEPARTURE INFORMATION:

Departure Date	Airline/Train/Car	Flight #	Departure Time

Please return to Sashka Gitcheva bcrsgf@rhythmicbc.com by May 6th.

This form is to accompany any request for specific training times.

APPENDIX 3: COACHES EXEMPTION FORM

TO BE COMPLETED AND SENT AT THE TIME OF REGISTRATION TO:

GCG OFFICE, c/o: Mariève Millaire

1900 City Park Drive, Suite 120, Ottawa, ON, K1J 1A3

The completed form must be joined by a cheque of \$25 to cover administrative cost.

A COPY OF THE AUTHORIZATION GIVEN WILL BE SENT TO THE ORGANIZING COMMITTEE WHO WILL ISSUE ACCREDITATION ONLY ON RECEIPT OF THE DULY SIGNED AUTHORIZATION.

NAME OF THE COACH	
PROVINCE	
CLUB	
REGISTRATION # WITH THE CAC	
NAME EVENT FOR WHICH THE EXEMPTION IS REQUESTED	
DATE OF THE EVENT	
LOCATION OF THE EVENT	
LEVEL COMPLETED	
DATE OF THE COMPLETION	
LEVEL TO BE COACHED AT THE COMPETITION	
REASON FOR NOT COMPLETING THE LEVEL REQUIRED	
PLAN FOR COMPLETION (TIME TABLE)	
SIGNATURE OF THE COACH	
DATE AND PLACE	
NAME OF THE PSO REP APPROVING THE REQUEST	
SIGNATURE OF THE PSO REP	
DATE AND PLACE	
FOR GCG OFFICE USE	CHEQUE RECEIVED:
AUTHORISATION GIVEN BY	
SIGNATURE	
DATE AND PLACE	

APPENDIX 4: STATUTORY DECLARATION



2015 Canadian Gymnastics Championships

Statutory Declaration

Medical Form, Risk Waiver and Image Release Waiver

I, (enter name), _____ from (Federation name) _____, declare that the (enter name of Federation) _____ has collected and filed all signed Gymnastics Canada's (GCG) Medical form, Risk Waivers and ViaSport Image Release Waivers form for every gymnast registered and participating at the 2015 Canadian Rhythmic Gymnastics Championships.

Provinces are also responsible to have all the [Medical](#) form & [Risk Waiver](#), and Image Release image waiver forms available on site (hard copies or scanned copies).

Signature

Name:

Title:

Date:

APPENDIX 5: WEBCAST IMAGE RELEASE FORM



IMAGE USE AGREEMENT VIASPORT BRITISH COLUMBIA SOCIETY

This confirms my agreement and consent with ViaSport British Columbia Society and Gymnastics Canada and BCRCGF (collectively, the "Releasees") regarding my participation in or related to the events organized by the Releasees or any one of them in which I may be photographed, filmed or videotaped (the "Image(s)") from time to time. I understand that the Releasees or any one of them may wish to use for their own purposes certain Images that their representatives, consultants, employees or agents have taken of me.

For valuable consideration received, I hereby irrevocably and unconditionally grant to the Releasees perpetually and throughout the world the right to copyright and use, reuse, publish, republish and incorporate (alone or together with other materials) the Images, my name and my likeness without restriction through any and all media (including print, video, CD-ROM, internet and any other electronic medium presently in existence or invented in the future) for illustration, art, promotion, advertising, trade or any other purpose whatsoever, including their use and license to others as the Releasees or any one of them sees fit in the discretion of the Releasees or any one of them, and the right to the use of any printed material in connection therewith.

I hereby relinquish any right that I may have to examine or approve the Images or the use thereof in any manner whatsoever or printed material that may be used in conjunction therewith.

I will not, in any manner whatsoever, commence, maintain, pursue, continue or assign any action, cause of action, claim, suit, complaint or proceeding of any kind or nature whatsoever against the Releasees, their partners, employees, servants, agents, or any person, corporation, partnership or other legal entity that could seek contribution or indemnity from the Releasees, relating in any way to, or in any way connected with, the Images. I hereby agree that I will not bring or consent to others bringing claim or action against the Releasees on the grounds that anything contained in the Images, or in the advertising and publicity used in connection herewith, is defamatory, reflects adversely on me or violates any other right whatsoever, including without limitation, rights of privacy and publicity.

I hereby release the Releasees, their directors, officers, successors, assigns, representatives, consultants, employees, partners and agents from any liability that may occur as a result of said Images including, without limitation, any claims for invasion of privacy.

The Releasees shall not be obligated to use the Images or to use any of the rights granted hereunder, or to prepare, produce, exhibit, distribute or exploit the Images. The Releasees shall have the right to assign their rights hereunder, without my consent, in whole or in part, to any person, firm or corporation.

I have read the above prior to its execution and I fully understand the contents thereof; this agreement shall be binding upon me and my heirs, successors, legal representatives and assigns.

DATED this _____ day of _____, 20____.

Signature of Participant

Signature of Witness

Name of Participant [Please Print]

Name of Witness [Please Print]

The following is to be completed by a parent or guardian if the Participant is a minor: the foregoing provisions are hereby acknowledged, agreed and confirmed by the undersigned Parent or legal guardian of the Participant:

Signature of Parent/Guardian

Signature of Witness

Name of Parent/Guardian [Please Print]

Name of Witness [Please Print]